

SECONDARY



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Activity 1

Personality Adjectives

The words in the box are all personality traits. Check the meaning of each word with a partner. If you are both unsure, use a dictionary or ask the teacher to explain.

passionate impulsive competitive trustworthy patient stubborn
generous committed intelligent warm courageous adventurous
kind organized hard-working caring stressed independent unique
temperamental jealous sensitive trusting loving dull intense
intimidating optimistic

Decide if each word is positive, negative or neutral and add them to the table below. Compare your ideas with a partner. Are they the same? Discuss any differences.

Positive	Neutral	Negative

Activity 2

Sleeping Habits

- A. All the words and expressions in the box below can be used to talk about sleep. What do you think they mean? Match them with the areas of meaning in the table. Use a dictionary to help you if you need to.



a siesta	a doze	doze off	toss and turn
get your beauty sleep	snore	sleepwalk	a lie down
sleep like a log	insomnia	dream	a nap
get some shut-eye	not sleep a wink	have a kip	nod off
drop off	have a nightmare	forty winks	a snooze
have a good night's sleep	hibernate		go out like a light

sleep expressions	a short sleep	fall asleep	things you do when you're asleep	problems sleeping